

THE LAW OF KARMA

EXPLAINED BY
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The Law of Karma

THIS RETREAT IS DESIGNED WITH the youth in focus. This is the age where a human has maximum energy, passion and enthusiasm mentally as well as physically which is waiting to get manifested. If such a power is directed to the right path there would be a million possibilities to achieve excellence both outwards and inwards.

Working for this vision, SRI BEN PRABHU often says that there is a source of infinite bliss naturally within everyone of us, and there is a clear path already been laid out by the most intelligent of humans to whom we refer to as Gurus or Yogis or the Gods. Now, the only thing which is required is that we have our face towards it. Just a small sincere step towards this reality is everything that is needed.

This is why we are here today.
It's that easy!



Everything here is a circle. Whether good or not-good, it definitely comes back to you. But at any point of your journey you always have a clear path back to the centre.

Principles of the Karma Law

[1] THE *basic* PRINCIPLE

As you sow, so shall you reap.

(Also known as the principle of cause and effect)

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## [2] THE PRINCIPLE OF *creation*

*What you desire comes through participation.*

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[3] THE PRINCIPLE OF *humility*

What you refuse to accept will continue for you.

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## [4] THE PRINCIPLE OF *growth*

*Growth occurs when we change, not others.*

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[5] THE PRINCIPLE OF *responsibilities*

When there is something wrong in our life, there is something wrong within.

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## [6] THE PRINCIPLE OF *connection*

*Past-present-future, they all are connected.*

*No step—first, intermediate or last are important for accomplishment of a task. All are required.*

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[7] THE PRINCIPLE OF *focus*

You can't focus on 2 things at the same time. When your focus is on higher, it is impossible for the energy to flow to lower.

~~~~~...

## [8] THE PRINCIPLE OF *willingness*

*If you believe something to be true, then at some point of your life you will be called upon to demonstrate that particular truth.*

~~~~~...

[9] THE PRINCIPLE OF *change*

History repeats itself until we learn the lessons that we need to change the path.

~~~~~...

“

Every experience you have in life, no matter how bad or good it is, holds a key to happiness within. The entire trick is to find that key.

—SRI BEN PRABHU

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## [10] THE PRINCIPLE OF *here & now*

*Present is the only moment where life energy flows and some change can be made.*

~~~~~...


[11] THE PRINCIPLE OF *patience* & *reward*

True joy follows doing what we are supposed to be doing, the reward comes on its own.

Nothing of value is created without a patient mindset.



[12] THE PRINCIPLE OF *significance* & *inspiration*

The true value of something is a direct result of the energy and intent that is put into it.

The best reward is the one that contributes to the whole.



Principles of the Spiritual World

[13] THE PRINCIPLE OF *love*

Love is followed by attraction. In the process of love towards higher one gets detached from the lower. The space thus created attracts the higher.



[14] THE PRINCIPLE OF *surrender*

The purer, subtler energies of the higher surrounds only after surrendering.



When we are working in accordance to a Guru we often experience that everything goes seamlessly, there are minimal obstructions. Why is this?

It is not that the law of Karma is defied during such times. No, there are no exceptions to the law. But, a Guru is the one who knows these laws far deeper. A Guru knows the law in its completeness. So, when we follow any instruction from a Guru, we are set in the complete alignment with the law of Karma.

That's the reason why the life flows seamlessly when we are surrendered to higher. You can call it Grace!

—SRI BEN PRABHU



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