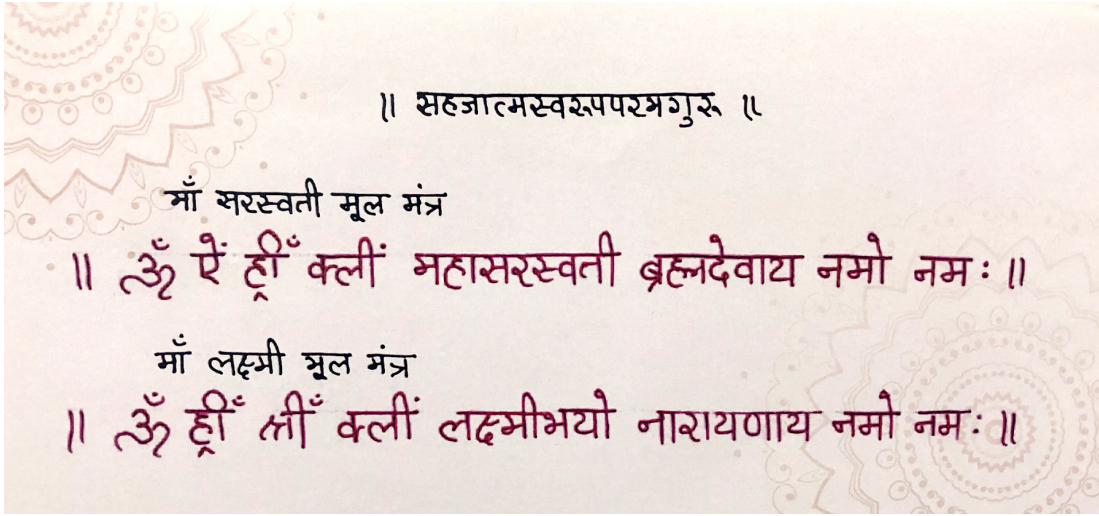


दिवाली आराधना

For 12-13-14 November 2020

साधना मंत्र

1. सांसारिक पक्ष



2. आध्यात्मिक पक्ष

- सहजात्म स्वरूप परम गुरु
- परम गुरु निर्ग्रन्थ सर्वज्ञ देव
- आत्म भावना भावता जीव लहे केवलज्ञान रे

साधना समय

अध्यात्म दृष्टि में जप आराधना का सर्वोत्कृष्ट समय है रात्रि का अंतिम प्रहर और दिन का प्रथम प्रहर (3:30 आम तो 9:30 am)

यदि इस समय में आराधना नहीं कर सकते तो फिर दूसरा समय है

12/November/Thursday - 12:30 noon - 3:30 pm

13/November/Friday - 8:00 am - 11:00 am

14/November/Saturday - 2:00 pm - 5:00 pm

साधना उच्चारण गणना

मंत्र उच्चारण के लिए नीचे लिखी गणना में से किसी भी गिनती का चुनाव कर सकते हैं -

1. 21 times
2. 51 times
3. 108 times

साधना सूचना

Please Note :-

1. All above indicated times for specific dates (12-13-14 November) are valid for India only.
2. Seekers staying in other parts of the world are suggested to do the Aaradhna in the morning hours. (3 hours before sunrise and 3 hours after sunrise i.e. total 6 hours to do.)
3. While doing the 'सांसारिक पक्ष' of sadhana kindly ensure that you keep your yantra in front of you and light a diya. If you do not have the yantra then you can light the diya and do it.
4. There is no need to keep the idols of Devi and Devta but if you wish to have them, you can surely keep them with right understanding of their nature.
5. For 'आध्यात्मिक पक्ष' of sadhana also, you should light a diya and then do it. There is no need for any specific idol but you can do at the place of your sadhana.
6. Only 1 person from a family is required to do the 'सांसारिक पक्ष' sadhana in front of the yantra. All other members can do it without or with the yantra as per their choice and convenience.
7. Anyone at home can do this sadhana with complete faith in Divine.

Wishing everyone a Happy Diwali that open your inner eyes to the Divine Light within!
