

Shrimad Rajchandra Mission

a Spiritual Revolutionary Movement - SRM

YOUth Study Club

Session - 4



Life

BANKING

Conceptualised & Explained by
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Name

Ph. No.

LIFE IS A BANK.

Invest INTELLECTUALLY!

Check Your Personal Account

Poor Account

1. You cave into peer pressure easily.
2. You wrestle with feeling of Inferiority or superiority.
3. You're overly concerned about what others think of you.
4. You don't trust yourself so remain indecisive.
5. You get jealous easily, especially, when someone close to you succeeds.
6. You feel de-motivated very often.

Rich Account

1. You can resist peer pressure easily.
2. You're not overly concerned about being noticed or popular.
3. You're happily satisfied with, what & who you are.
4. You trust yourself and thus firm on taking decisions.
5. You can enjoy other's success too.
6. You need someone to motivate you very often.

Types of Accounts

Physical A/C

Thoughts A/C

Feelings A/C

Relationship A/C

Monetary A/C

Happiness A/C

Karmic A/C

PHYSICAL ACCOUNT

Positive Deposits

1. *Excercise Regularly*
2. *Healthy Eating*

Withdrawals will be :

Negative Deposits

1. *No Excercise at all*
2. *Junk food and its temptation*

Withdrawals will be :

THOUGHT ACCOUNT

Positive Deposits

1. *Positive thoughts*
2. *Necessary thoughts*

Withdrawals will be :

Negative Deposits

1. *Negative thoughts*
2. *Waste thoughts*

Withdrawals will be :

FEELINGS ACCOUNT

Positive Deposits

1. *Passion*
2. *Excitements*
3. *Enthusiasm*

Withdrawals will be :

Negative Deposits

1. *Dullness*
2. *Boredom*
3. *Envy*

Withdrawals will be :

RELATIONSHIP ACCOUNT

Positive Deposits

1. *Complementing*
2. *Respecting*
3. *Accepting*

Withdrawals will be :

Negative Deposits

1. *Criticising*
2. *Disrespect*
3. *Expecting*

Withdrawals will be :

MONETARY ACCOUNT

Positive Deposits

1. *Deeds of Charity*
2. *Spending wisely*

Withdrawals will be :

Negative Deposits

1. *Occassional thefts*
2. *Spending under peer pressure*

Withdrawals will be :

HAPPINESS ACCOUNT

Positive Deposits

1. *Gratitude*
2. *Satisfaction*
3. *Sharing*

Withdrawals will be :

Negative Deposits

1. *Thanklessness*
2. *Dissatisfaction*
3. *Possessiveness*

Withdrawals will be :

KARMIC ACCOUNT

Positive Deposits

1. *Selfless deeds*
(*sharing your time, knowledge, money & energy for benefit of others*)

Withdrawals will be :

Negative Deposits

1. *Selfish deeds*
(*spending your time, knowledge, money & energy only for yourself & your first circle*)

Withdrawals will be :

How to Enrich Your Personal Account

To enrich my *Physical Account*, I must

To enrich my *Thoughts Account*, I must

To enrich my *Feelings Account*, I must

To enrich my *Relationship Account*, I must

To enrich my *Monetary Account*, I must

To enrich my *Happiness Account*, I must

To enrich my *Karmic Account*, I must



Rule of the Universe

Life awaits bigger opportunities but you'll meet them only when you are aligned to the laws of Universe. You can avail bigger deals in life only when your Personal Account is loaded. Follow these TWO major RULE(s) of UNIVERSE to feel Abundance in life :

1. IMAGINE - FEEL - RECIEVE

2. GIVE IT - RECIEVE IT

Cleanse through MEDITATION...

Wish you a Rich Life ahead..!!